**Using Innovative Equipment to Learn**

**Striking/Fielding Games**

**John Byl**

[**JOHNBYL50@gmail.com**](mailto:JOHNBYL50@gmail.com)

**Want More?**

[www.canadago4sport.com](http://www.canadago4sport.com)

[www.gophersport.com](http://www.gophersport.com)

Twitter and Instagram => @canadago4sport (for Tuesday posting of a new game)

Description: Using the Teaching Games for Understanding model, come and engage in innovative games that build skills and concepts of Striking/Fielding games. Come prepared to actively participate.

**Skills and Concepts**

A complete list of skills and concepts is below. Assessment of most of these skills could be completed with most of these games:

1. Stability: balance, bend, land, roll, stretch, transfer weight, turn, and twist
2. Locomotion: dodge, chase, hop, jump, run, skip, and walk
3. Manipulation: catch, dribble, forearm pass, kick, overhead pass, set, strike, throw, trap, and volley
4. Body Awareness: effort, relationships, spatial awareness, motion, and force

These specific learnings are further addressed in: <http://www.edu.gov.on.ca/eng/curriculum/elementary/healthcurr18.pdf> pp. 23-29.

**Strategies and Tactics**

These connect all striking and fielding games. These are transferable ideas that form the backbone of players’ understandings of the purpose and goal of net and wall games. These include:

1. Determine force and trajectory required to toss or hit an object over a net or against a wall.
2. Look for open spaces on offence and reduce open spaces on defense.
3. Put the object where the opponent is not likely to be on offence (using positioning and deception), and be in a position to cover as much of the space as possible on defense (using positioning and deception).
4. Communicate well when playing with teammates.

**Equipment Adjustments**

Often a smaller ball is more difficult than a larger one, but sometimes the opposite is true. The faster the ball moves, the more difficult the game becomes.

**Adjust Learning Environment**

1. If the game has an elimination component, keep everyone involved by having several games so that eliminated players join another court.
2. At times you might also want to designate courts as “just for fun” and as “competitive” and then allow players to choose the level of competition that is best for them.

**Questions for Understanding**

1. Effective questions help to guide your players’ learning and encourage them to communicate their key learnings from the game.
2. As players work through these questions, they develop understandings that help them as they engage in other net wall games.

From CIRA Ontario’s *Bats and Balls* ( [https://www.ciraontario.com/striking](https://www.ciraontario.com/striking%20) )

For more striking/fielding games go to:

* <https://www.canadago4sport.com/strike-index>
* <https://www.canadago4sport.com/train4strike>

Agenda

* Warm up
  + Jog through space
    - Aware of each other’s space
    - Follow someone from about five (5) paces
      * High knees
      * Lunges

Three Zones

|  |  |  |
| --- | --- | --- |
| Flag Frenzy  Tip N Flip  American Ping Pong | Cricket bowling  Cricket Kickball  Cricket Foam Ball | Ramped up  Ramped up With Defense  Diamond Dash |

(5 minutes per game)

Two Zones

|  |  |
| --- | --- |
| Flag Frenzy  Ramped up  Ramped up With Defense  Diamond Dash | Tip N Flip  Cricket bowling  Cricket Kickball  Cricket Foam Ball |

(5 minutes per game)

For a great book on striking/fielding games go to: [https://www.ciraontario.com/striking](https://www.ciraontario.com/striking%20)

* Flag Frenzy
  + <https://www.canadago4sport.com/invasion1/Flag-Ball-Frenzy>
* Tip N Flip
  + <https://www.canadago4sport.com/invasion1/Tip-N-Flip>
* American Ping Pong
  + <https://www.canadago4sport.com/strike/American-Ping-Pong>

* Cricket Bowling
  + <https://www.canadago4sport.com/strike/Cricket-Bowling>
* Cricket Kickball
  + <https://www.canadago4sport.com/strike/Cricket-Kickball>
* Cricket Foam Ball
  + <https://www.canadago4sport.com/strike/Cricket-Foamball>

* Ramped Up
  + <https://www.canadago4sport.com/strike/RampedUp-Catch-Own>
* Ramped Up With Defense
  + <https://www.canadago4sport.com/strike/Ramped-Up-With-Defense>
* Diamond Dash
  + <https://www.canadago4sport.com/strike/Diamond-Dash>

|  |  |  |
| --- | --- | --- |
| |  |  | | --- | --- | |  | Need Help? **1-855-899-9560** | |
| | **Item** |  | **Details** | **Quantity** | **Subtotal** | | --- | --- | --- | --- | --- | | [**ACTION! RampedUp Set - ACTION! RampedUp Set**](https://mandrillapp.com/track/click/11020647/www.gophersport.com?p=eyJzIjoiWnU0cGYxdkwzYlBxVFozREZmNWlBUGZRTU9vIiwidiI6MSwicCI6IntcInVcIjoxMTAyMDY0NyxcInZcIjoxLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL3d3dy5nb3BoZXJzcG9ydC5jb21cXFwvcGVcXFwvYWN0aXZpdGllc1xcXC9hY3Rpb24tcmFtcC1nYW1lXCIsXCJpZFwiOlwiZGQ4NTU0ZThkNGNhNDY2Zjg1M2M2MTM5MzI0ZmNhOGZcIixcInVybF9pZHNcIjpbXCJkZjViOGZkMDUzYjgzMTE5MjQ1ZjRjYTU3Y2QzOTBmZTA5ZGYwYjliXCJdfSJ9) Item No: 58-283 Availability: In Stock | Price: Unit: | C$499.00 Set | 1 | C$499.00 | | [**Soft-Stix™ Cricket Set - Soft-Stix™ Cricket Set**](https://mandrillapp.com/track/click/11020647/www.gophersport.com?p=eyJzIjoiSHgyUG9TRFc3VWtEcG5DYzhaV1ZWUEZmdkpNIiwidiI6MSwicCI6IntcInVcIjoxMTAyMDY0NyxcInZcIjoxLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL3d3dy5nb3BoZXJzcG9ydC5jb21cXFwvcGVcXFwvYWN0aXZpdGllc1xcXC9zb2Z0LXN0aXgtY3JpY2tldC1zZXRcIixcImlkXCI6XCJkZDg1NTRlOGQ0Y2E0NjZmODUzYzYxMzkzMjRmY2E4ZlwiLFwidXJsX2lkc1wiOltcImRiM2RmZDU3NGU3YzRlYzVkNzZmYWExMGZjZDFiNTAxMGRmODcxODRcIl19In0) Item No: 58-146 Availability: In Stock | Price: Unit: | C$149.00 Set | 2 | C$298.00 | | [**Rainbow® Soft-Stix™ Bats - Individual, Blue**](https://mandrillapp.com/track/click/11020647/www.gophersport.com?p=eyJzIjoicVduSFpfMkZwZ1N6S1RvZWJfYk9Yc3Y2MG9VIiwidiI6MSwicCI6IntcInVcIjoxMTAyMDY0NyxcInZcIjoxLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL3d3dy5nb3BoZXJzcG9ydC5jb21cXFwvc3BvcnRzXFxcL2Jhc2ViYWxsXFxcL3JhaW5ib3ctc29mdC1zdGl4LWJhdHNcIixcImlkXCI6XCJkZDg1NTRlOGQ0Y2E0NjZmODUzYzYxMzkzMjRmY2E4ZlwiLFwidXJsX2lkc1wiOltcIjAwZTA5MzdiNzZiYThjOWUyMGI0MjY1Yzk2YmEyNDIzNDRhMjY2ZjZcIl19In0) Item No: 42-106 Availability: In Stock | Price: Unit: | C$30.00 Ea | 1 | C$30.00 | | [**Rainbow® Protect-R™ Paddle - Paddles**](https://mandrillapp.com/track/click/11020647/www.gophersport.com?p=eyJzIjoiWVZEWDFGcGZvRUl5MkFqT3NSSGdCTFAzdkZNIiwidiI6MSwicCI6IntcInVcIjoxMTAyMDY0NyxcInZcIjoxLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL3d3dy5nb3BoZXJzcG9ydC5jb21cXFwvc3BvcnRzXFxcL3BpY2tsZWJhbGxcXFwvcmFpbmJvdy1wcm90ZWN0LXItcGFkZGxlXCIsXCJpZFwiOlwiZGQ4NTU0ZThkNGNhNDY2Zjg1M2M2MTM5MzI0ZmNhOGZcIixcInVybF9pZHNcIjpbXCJiZTcwYjg2YTBkYzZmMjg1NDAzZWU0ZjFjYzQ2ZTRjNzYwYmE0ZjhmXCJdfSJ9) Item No: 56-042 Availability: In Stock | Price: Unit: | C$65.00 Set of 6 | 1 | C$65.00 | | [**Gopher Oversized Foam Tennis Balls - Gopher Oversized Foam Tennis Balls**](https://mandrillapp.com/track/click/11020647/www.gophersport.com?p=eyJzIjoiWGotNDZOOElnMXllLWVJcC01WlJyRUpreWtFIiwidiI6MSwicCI6IntcInVcIjoxMTAyMDY0NyxcInZcIjoxLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL3d3dy5nb3BoZXJzcG9ydC5jb21cXFwvc3BvcnRzXFxcL3Rlbm5pc1xcXC9vdmVyc2l6ZWQtZm9hbS10ZW5uaXMtYmFsbHNcIixcImlkXCI6XCJkZDg1NTRlOGQ0Y2E0NjZmODUzYzYxMzkzMjRmY2E4ZlwiLFwidXJsX2lkc1wiOltcIjU4MGVkM2JjN2M0ODljMWI3ODEyZTVmMjFmOWJmYjhlMTNjODJmZTNcIl19In0) Item No: 41-718 Availability: In Stock | Price: Unit: | C$18.00 Set of 3 | 2 | C$36.00 | | [**DiamondDash™ Set - DiamondDash™ Set**](https://mandrillapp.com/track/click/11020647/www.gophersport.com?p=eyJzIjoiZ2R5QzJHTjFQWTM0ZzRJZFctcDNWZmx3TVRVIiwidiI6MSwicCI6IntcInVcIjoxMTAyMDY0NyxcInZcIjoxLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL3d3dy5nb3BoZXJzcG9ydC5jb21cXFwvc3BvcnRzXFxcL2Jhc2ViYWxsXFxcL2RpYW1vbmQtZGFzaC1zZXRcIixcImlkXCI6XCJkZDg1NTRlOGQ0Y2E0NjZmODUzYzYxMzkzMjRmY2E4ZlwiLFwidXJsX2lkc1wiOltcImRkZmQ2Y2Y0OTA4NTIxYTg4ZmEzNWQ0OGM5NDU4ZmI2ZGVkYzIzZmNcIl19In0) Item No: 42-196 Availability: In Stock Soon | Price: Unit: | C$575.00 Set | 1 | C$575.00 | | [**BIGHitter™ Game Pack - BIGHitter™ Game Pack**](https://mandrillapp.com/track/click/11020647/www.gophersport.com?p=eyJzIjoiREdZUXpqX2lRWGpFbzFINV92N1ZWV1pPSlpjIiwidiI6MSwicCI6IntcInVcIjoxMTAyMDY0NyxcInZcIjoxLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL3d3dy5nb3BoZXJzcG9ydC5jb21cXFwvc3BvcnRzXFxcL2Jhc2ViYWxsXFxcL2JpZy1oaXR0ZXItZ2FtZS1wYWNrXCIsXCJpZFwiOlwiZGQ4NTU0ZThkNGNhNDY2Zjg1M2M2MTM5MzI0ZmNhOGZcIixcInVybF9pZHNcIjpbXCIxZTc5Y2Y3MTY0ZWI4Mzg3YzQ5ODA1OTM4NjFiNjhlYmE3ZWE2NzZhXCJdfSJ9) Item No: 42-475 Availability: In Stock | Price: Unit: | C$359.00 Pack | 1 | C$359.00 | |